



# The Dedicated Heart

- The 11 Week Devotional Challenge -  
E-BOOK



PREVIEW

# The Dedicated Heart Devotional:

The 11 Week Devotional Challenge

By  
Rachel Cammon

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-The 11 Week Devotional Challenge -  
33 Devotional Challenges

By Rachel Cammon



*"This is not a self-help book, but a get out of  
self book"*

*~ Rachel Cammon ~*

remember that the goal is a deeper relationship with God, to know Him and be known by Him

## How this devotional works

*This is NOT a self-help book,  
but rather a get out of self book*

There are seven sections in each dedication or session of this devotional:

**The Theme Song, Connection, Challenge, Action Verses, Reflection Scriptures, Go Further, and Share It.**

### Theme Song:

As you read through each day there will be a song listed at the top, this is the theme song. You can listen to it; as you read the text, before you start, or after you finish. Also you can use the song as a reminder throughout the day, listen to it repeatedly, or perhaps when you wake up and when you go to sleep. Let it be your anthem for the day.

### Connection:

Understanding the bigger context is very important when applying God's principles. This section will help you understand and connect the bigger picture of God's arching story to the topic and principal of each day. What are we doing to be more dedicated to Christ and why exactly are we doing it? These are the questions that this section answers.

### Challenge:

The challenge is a tangible, specific and focused goal that relates to the dedication you will be meditating on for the day. The challenges are designed to move you in a specific action towards a deeper connection with Christ and God.

### Action Verses:

Action Verses are verses from the Bible that directly address the topic of the day and give an action-oriented perspective. *The Challenge* section is a way of helping you do a specific action that's related to the topic of the day. The Action Verses are the scriptural backing that contain only God's word on the subject.

### Reflection Scriptures:

This section is by no means less important, but as it suggests it has a more reflective purpose. These scriptures relate to the topic of the day and help broaden your understanding of it. They could be examples of biblical people who were dealing with the same or similar issues, or just a more thoughtful deeper analysis of the subject. These scriptures are also intentionally written out only by the reference, this is because a huge part of growing deeper with God is becoming familiar with His word. In other words, DON'T get lazy on this section because it will require you to look up each scripture reference and use your Bible or Bible app on a regular basis.

### Go Further:

This section gives broader context and resources for exploring the topic of the day. Take time to look at the “related sermon(s)” section which features full length sermons by several popular Christian Pastors from across the country explaining, and expanding on the topic of the day. Other resources include related quotes from influential people throughout history, drama and arts that illustrate the topic and even more in depth resources like books and films. The result of this is roughly five years of research which resulted in an easy to find reference guide for the topic. So what will you typically find in this section?

- Related Sermons:
  - Sermons
  - Mini-Sermons
- Inspirational Quotes
- Blog Entries
- How-To Videos / Human Videos / Skits
- Spoken Words
- Movies and Movie Clips
- Books
- Songs
- Extra Scripture(s)

### **A quick note on references and resources:**

- Most of the sermons, songs, and other resources can be easily found through a quick google search using the title and the name of the author / speaker / artist.
- Get email reminders and direct link resources sent directly to you by going to [TDHeart.com](http://TDHeart.com) and choosing the “[Get Started](#)” link, or visit our reference and resource library located under the “[Resources](#)” section of the website.

- In this e-book version most resources are linked directly, due to updates in content and websites please visit the resources section if any of the links in this book are not working

Share It!:

This is a short post-able blurb about the topic and dedication of each day. [Click it to share](#) to your favorite social media profile. You can also copy this section and use it to post on your social media accounts or send in an email or even text to a friend. There's of course three reasons to utilize this section. 1) It connects you to others who are taking the Dedicated Heart challenge and also lets your friends and family know how to pray for you as you go through each dedication. 2) It keeps you motivated to finish the entire devotional and helps you to stay accountable as you complete each dedication along the way. Lastly 3), It gives you the opportunity to inspire others to take their faith to a deeper level as you share your own step-by-step progress. The hashtag for this section is #tdheart

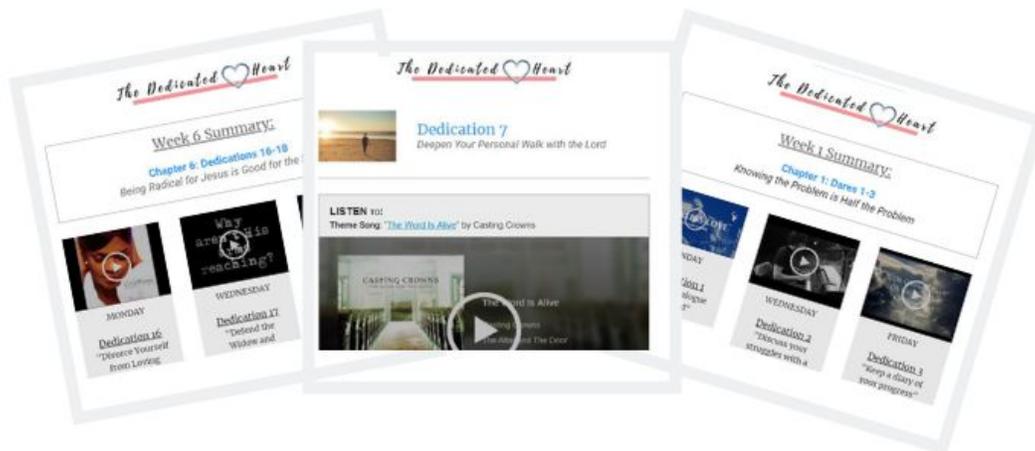
If you're wondering what a Hashtag is check out this short video on YouTube : [What is a Hashtag?](#) by Boot Camp Digital

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## **Chapter 1: Week 1: Dedications 1-3**

### **Knowing the Problem is Half the Problem**



Psalm 139:23-24 - Search me, O God, and know my heart; test me and know my anxious thoughts. Point out anything in me that offends you, and lead me along the path of everlasting life.

James 5:16 - Confess your sins to each other and pray for each other so that you may be healed. The earnest prayer of a righteous person has great power and produces wonderful results.

1 Peter 5:7 - Give all your worries and cares to God, for He cares about you



## Dedication 1 - Have a dialogue with God

**Theme Song:** "[Reckless Love](#)" by Cory Asbury

### **Connection:**

Did you know it says in the gospels that it was *for the joy* set before Him that Christ endured the cross? Do you know what that Joy was? In the simplest terms, that joy was the thought of knowing YOU; Not just knowing about you or having you know about God rather actually knowing you intimately, fully and truly.

When many people pray they think it's either entirely about talking or entirely about listening, but the way that God designed communion with Himself is in the form of a conversation, in the form of an exchange of ideas and thoughts and an understanding and knowing who He is. He doesn't just want you to know *of Him*, He wants you to *know Him*. The Bible uses the example of marriage many times to illustrate this point; there is no relationship on earth that is more vulnerable, open, and deeply connected than this. Jesus said this to his disciples, "I no longer call you slaves, because a master doesn't confide in his slaves. Now you are my friends, since I have told you everything the Father told me" (John 15:15). Today the challenge is to understand that God wants to talk and that we can invite the Holy Spirit and God into an environment where He will speak to us an intimate level.

### **Challenge**

Get out a pen and paper or journal and start by praying the following: "Search me, O God, and know my heart; test me and know my anxious thoughts. Point out anything in me that offends you, and lead me along the path of everlasting life" (Psalm 139:23-24). Now sit and listen to what God has to say. Write down anything that comes to your mind *that you sense is from God*. If you feel uncertain where the thought came from (be it God, yourself, or the enemy) simply ask, "Lord should I write that down?", and then wait for The Lord to say yes or no. Think of this as a spiritual check up. Lay your life open before God and let Him tell you how you're doing, if you need to make changes, and how He feels about things you are doing. Give God space to help you find ways to overcome areas of struggle in your life. Listen carefully to Him tell you how much He cares for you. The Lord says to you, "Cast your cares (shortcomings, concerns, anxieties and faults) on ME because I care for you". Enjoy your checkup with your loving Heavenly Father, because He knows you even better than you know yourself! Set your list aside in a place you can easily find it later (you will need it for the 4th Dedication).

### **Action Verses:**

- [Lamentations 3:40](#) - Instead, let us test and examine our ways. Let us turn back to the LORD.

- [Psalm 139:23-24](#) - Search me, O God, and know my heart; test me and know my anxious thoughts. Point out anything in me that offends you, and lead me along the path of everlasting life.
- [Psalm 19:12](#) - But who can discern their own errors? Forgive my hidden faults.

### **Reflection Scriptures:**

Psalm 139

Jeremiah 17:10

1 John 3:4-6

### **Go Further:**

*Related Sermon:*

- [Prayer as a Way of Walking in Love](#) by Pastor Francis Chan

*Quote:* "What your soul needs is a check up." - Dr. Henry Brandt

*Extra Scripture:* [2 Samuel 12:1-13](#) - David recognizes His sinful ways and shortcomings when confronted by the Prophet Nathan.

### ***Share It!:***

Day 1, Dedication 1! I'm starting a dialogue with God! Pray for me to have a good spiritual check-up with my Heavenly Father and to have the determination to go all way to the end of this devotional -

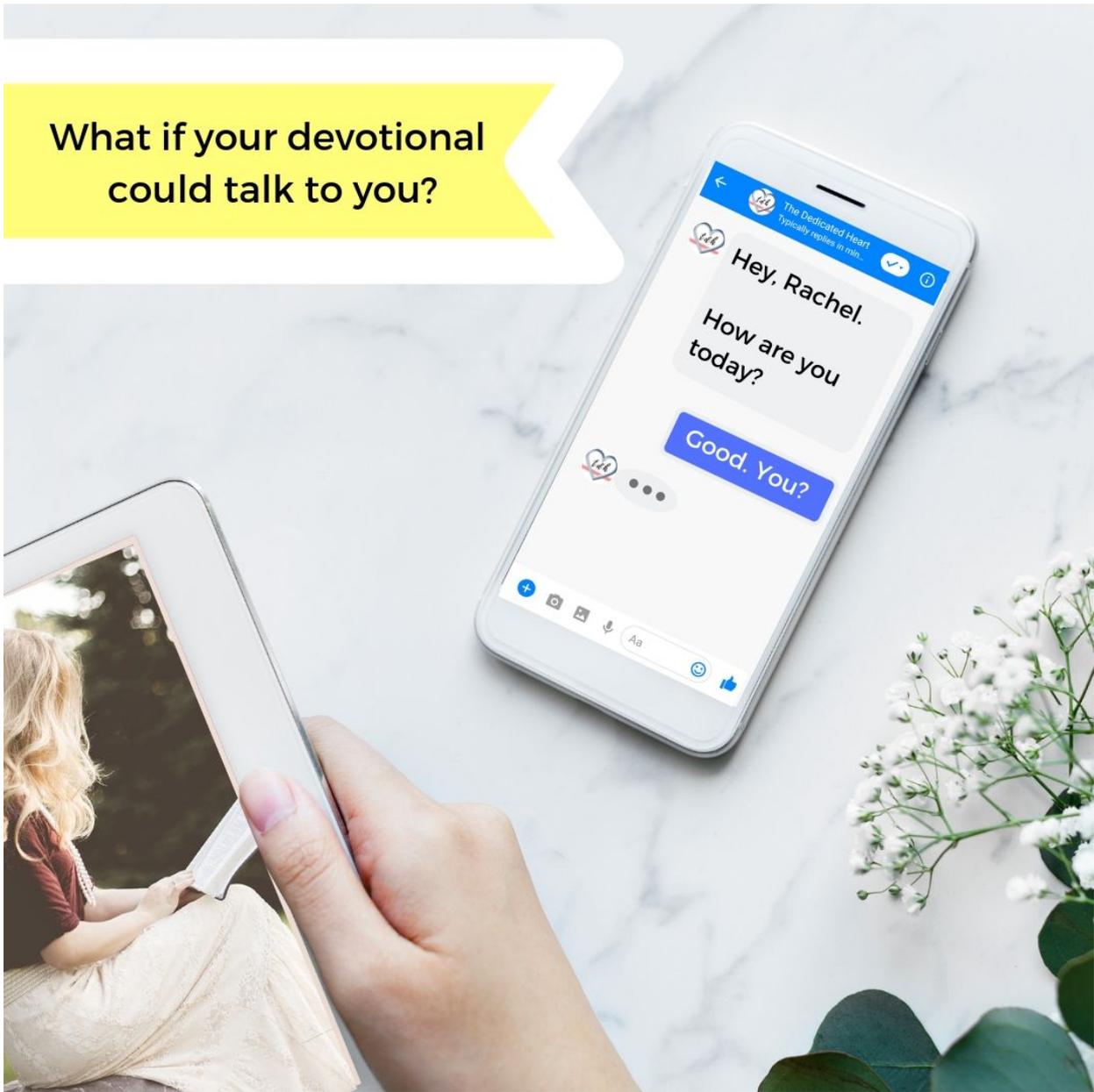
### **Dedication 1:**

*Questions to ponder:*

- Who does God say you are?
- What did He say to you?
- What scriptures did you find impactful?

**COMING SUMMER 2019**

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could talk to you?



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